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Owner Carol Neely: CNO

Policy Area Nursing
Administration

Death With Dignity Act

Policy:

- A.
1. Washington law recognizes certain rights and responsibilities of qualified patients and health care providers under the Death with Dignity Act ("Act"). Under Washington law, a health care provider, including Okanogan County Public Hospital District dba Mid-Valley Hospital is not required to assist a qualified patient in ending that patient's life.
 2. Mid-Valley Hospital has chosen to not participate under the Death with Dignity Act. This means that in the performance of their duties, Mid-Valley Hospital physicians, employees, independent contractors and volunteers shall not assist a patient in ending the patient's life under the Act. In addition, no provider may participate on the premises of the hospital or in property owned by the hospital.
 3. No patient will be denied other medical care or treatment because of the patient's participation under the Act. The patient will be treated in the same manner as all other Mid-Valley Hospital patients. The appropriate standard of care will be followed.
 4. Any patient wishing to receive life-ending medication while a patient at this hospital will be assisted in transfer to another facility of the patient's choice. The transfer will assure continuity of care.
 5. All providers at Mid-Valley Hospital are expected to respond to any patient's query about life-ending medication with openness and compassion. Mid-Valley Hospital believes our providers have an obligation to openly discuss the patient's concerns, unmet needs, feelings, and desires about the dying process. Providers should seek to learn the meaning behind the patient's questions and help the patient understand the range of available options, including but not limited to comfort care, hospice care, and pain control. Ultimately, Mid-Valley Hospital's goal is to help patients make informed decisions about end-of-life care.

Scope:

Medical Staff

Responsibilities:

Health care providers educate patients on end-of-life options; advise patients that MVH does not participate in the Act; and transfer care as requested. Administration shall advise public and update educational material as necessary.

Procedure:

- A. Advise patients and families that Mid Valley Hospital does not participate in the Washington State Death with Dignity Act.
- B. Educational web addresses about end-of-life options will be provided to patients if requested. A resource available in Washington State that offers information and support to patients and families in planning for their final days of life is - End of Life Washington <https://endoflifewa.org/> .
- C. If, as a result of learning of Mid-Valley Hospital's decision not to participate in the Act, the patient wishes to have care transferred to another hospital of the patient's choice, Mid-Valley Hospital staff will assist in making arrangements for the transfer. If the patient wishes to remain at Mid-Valley Hospital, staff will discuss what end of life care will be provided consistent with hospital policy.
- D. If a patient requests a referral to a physician who will fully participate under the Act or expresses the desire to take medication that will result in the patient's death, the provider may choose to provide the patient with a referral, or may instruct the patient that he or she must find a participating provider on his or her own. The relevant medical records will be transferred to the physician taking over the patient's care. The patient's primary clinical care giver (nurse or social worker) will be responsible for:
 1. Informing the patient's attending physician as soon as possible, and no longer than one working day, that the patient wishes to take life-ending medications.
 2. Ensuring that the medical record is complete and all required documentation is included. A copy of the Resuscitation Status (DNR) order, copies of advance directives, and POLST form are to be included.
 3. Communicating with other clinicians involved with the patient to ensure continuity of care.
 4. Documenting all communication in the patient's medical record.
- E. Nothing in this policy prevents a physician or provider from making an initial determination that the patient has a terminal disease and informing the patient of the medical prognosis.
- F. Nothing in this policy prevents a physician or provider from providing information about the "Washington State Death with Dignity Act" to a patient when the patient requests information.
- G. Nothing in this policy prohibits a physician who is employed by or who is an independent contractor of Mid-Valley Hospital from participating under the Act when not functioning within

the scope of his or her capacity as an employee or independent contractor of Mid-Valley Hospital.

SANCTIONS

If a provider participates in the Act beyond what is allowed in the policy, Mid-Valley Hospital may impose sanctions on that provider. Mid-Valley Hospital shall follow due process procedures provided for in the medical staff bylaws. Sanctions may include:

- Loss of medical staff privileges;
- Loss of membership;
- Restriction from provider panel;
- Termination of lease or other property contract; and/or
- Termination of contracts;

PUBLIC NOTICE

Mid-Valley Hospital will provide public notice of this policy in the following ways:

- The policy or information about the hospital's stance on the Death with Dignity Act on the hospital's web page;
- Information in hospital materials regarding advance directives/POLST;
- Information in patient's rights handbooks, regarding that Mid Valley Hospital does not participate in the Death with Dignity Act of Washington.

RESOURCES

Any patient, employee, independent contractor, volunteer or physician may contact End of Life Washington for information at info@endoflifewa.org or <https://www.wsha.org/our-members/projects/end-of-life-care-manual/death-with-dignity-act/>

Laws/Regulations: Initiative 1000/Washington Death with Dignity Act
Washington State Department of Health Regulations Chapter 246-978 (Currently at CR-102 stage)

Reference Materials The Oregon Death with Dignity Act: A Guidebook for Health Care Professionals

All Revision Dates

01/2025, 09/2020, 06/2019, 08/2016, 07/2009

Approval Signatures

Step Description	Approver	Date
	Randy Coffell: HR Director	01/2025

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