

Okanogan County Public Hospital District No. 3

Community Health Needs Assessment Implementation Plan

December 31, 2016

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Priority: 1 Mental Healthcare Access

Objective

- Increase mental health services in the community

Tactics

- Meet quarterly with local/regional mental health providers to coordinate care/problem solve;
- Increase “on-site” services to meet the needs of mental health patients in the ED
- Develop policy and procedures specific to behavioral health needs

Programs/Resources to Commit

- Clinic/ED resources/time/staff
- Telepsychiatry services available at the rural health clinic

Impact of Programs/Resources on Health Need

- Increased access to onsite mental health/substance abuse services

Accountable Parties

- Okanogan County Public Hospital District No. 3 d/b/a Mid-Valley Hospital and the regional collaborative group.

Partnerships/Collaboration

- Okanogan Behavioral Healthcare
- Opioid Summit

Priority: 2 Access to Healthcare

Objective/Strategy

- Reduce patient out-migration
- Increase services available to patients

Tactics

- Increase primary care options
- Provide additional mental health services through telemedicine
- Increase orthopedic surgical services
- Informing the community through advertisement for local available services

Programs/Resources to Commit

- Clinic/ED resources/time/staff
- Orthopedic surgical staff
- Marketing

Impact of Programs/Resources on Health Need

- Reduction of patient out-migration

Accountable Parties

- Okanogan County Public Hospital District No. 3 d/b/a Mid-Valley Hospital and the regional collaborative group.
- Okanogan County Public Health Officer
- AeroMethow Rescue Service

Partnerships/Collaboration

- Other members of the regional collaborative group.
- Okanogan County Public Health Officer
- AeroMethow Rescue Service

Priority: 3 Education

Objective/Strategy

- Increase knowledge of services availability to the community
- Reduce patient out-migration

Tactics

- Publish and continue efforts to “boost” MVH educational offerings on through social media
- Publish ads in the local paper about MVHs educational offerings
- Executive Team members to attend local gatherings of businesses and promote services;
- Look for opportunities for the CEO or CFO to speak about these matters at community events
- Establish a streamlined referral system for available local services

Programs/Resources to Commit

- Executive time
- Cost to publish ads in local paper

Impact of Programs/Resources on Health Need

- Reduction of patient out-migration
- Increase patient awareness of Mid-Valley Hospital’s services

Accountable Parties

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- Okanogan County Public Hospital District No. 3 d/b/a Mid-Valley Hospital and the regional collaborative group.

Partnerships/Collaboration

- Other members of the regional collaborative group.
- Okanogan County Public Health District
- Local services such as Omak Rotary, Omak Chamber of Commerce, Kiwanis, Omak Economic Alliance, Omak Fit For Life, and Okanogan County Community Action Council.

Priority: 4 Obesity

Objective/Strategy

- Promote healthy eating habits through regular public education
- Raise awareness about the importance of regular exercise

Tactics

- When providing education to the community, emphasize healthy diet and consistent exercise
- Look for ways to provide healthy dieting plans to the community
- Plans to hire the practitioners noted above
- Partner with local schools to provide “open gym” hours to the community

Programs/Resources to Commit

- Registered Dietician time
- Physical Therapy space available for public use
- Diabetes Road Map classes
- Patient Care Coordination

- Transitional Care Management
- Chronic Disease Management

Impact of Programs/Resources on Health Need

- Decrease obesity rates
- Increase in physical activity
- Healthier patients

Accountable Parties

- Okanogan County Public Hospital District No. 3 d/b/a Mid-Valley Hospital and the regional collaborative group.

Partnerships/Collaboration

- Other members of the regional collaborative group.
- Partnering with an Accountable Care Organization